

2014



Trick O.  
Treat  
HunGer!



ATLANTA  
COMMUNITY FOOD  
BANK



Dear Friendly Neighbors,

Hi, I am Lincoln Parker, you're 11 year old neighbor that lives on the corner of Harts Mill and Watkins Place. Again for the fifth year in the row, I am participating in an event called Trick-Or-Treat-Hunger. Let me tell you about what we do. On Saturday, October 25th from 5PM - 7PM I will walk around the neighborhood collecting donations for the Atlanta Community Food Bank. If you would like to participate and provide a donation, just hang the picture on the back of this flyer on your front door and I will know to stop by. My 9 year old sister Lauren did the drawing this year. If you are not at home then, you can leave the donation outside of your door and I will pick it up. There are so many people who are in need of food and it would be great if we can help them out. In the 5 years we have been doing this with our friends, we have collected 12,698 pounds of food. We are hoping that with your help, we can collect a lot more this year. Here are the most needed foods;

- Canned Soups
- Canned Vegetables or Fruit
- Peanut Butter
- Whole grain foods
- Shelf stable milk (cow, soy, rice, etc.)
- Pasta sauce in plastic container
- Foods high in protein
- 100% fruit and/or vegetable juice
- Cooking oil

Donations not accepted by the food bank.

- Chocolate
- Baby Food
- Home canned or prepared food

For more information you can go to the web site we created at <http://trickortreathunger.org/>, Thank you for considering. and we hope you can participate.

Your Neighbors,

*Lincoln Parker*

*Lauren Parker*

Lincoln and Lauren Parker